

The Complete Guide to Safely Sanitizing Your Smartphone

# **Description**

Our phones accompany us everywhere, frequently coming into contact with germs wherever we go. However, harsh sanitizers can damage delicate screens and electronics over time if used improperly. This guide outlines optimized methods for safely and effectively disinfecting phones against bacteria, viruses and other nasties without causing harm. From proper cleaning agents and techniques to a daily routine, learn expert tips for keeping your trusted mobile companion free of germs throughout its lifetime.

## Daily Maintenance

For regular sanitization as part of a preventative routine, microfiber cloths or cotton pads gently wiped across exterior surfaces remove 99% of microbes simply through mechanical removal alone. Slightly dampening with just water also lifts debris without residues. Avoid sprays or liquids getting inside ports. Alternate with dry wiping to prevent moisture buildup potentially leading to corrosion in rare cases. Frequent light cleaning removes most germs encountered through casual contact.

# Disinfection Agents

While soap and water works great for surfaces, stronger solutions may be needed occasionally depending on risk levels or situations. The EPA endorses using at least 70% alcohol to effectively kill many disease-causing pathogens. Rubbing alcohol or alcohol-based wipes designed for electronics cleanse without residues that plug ports or interfere with phone functionality over time. Hydrogen peroxide at 3% concentration works too and degrades to water, leaving surfaces dry and corrosion-free.

### **Avoiding Harmful Substances**

Steer clear of anything with fragrance, dyes or other additives that could stain or interfere with displays over prolonged exposure. Harsh bleach, ammonia or abrasive cleaners intended for other household uses aren't formulated for delicate touchscreens and can potentially cause permanent damage if residues remain. Stick to plain, electronics-safe solutions in low concentrations for thorough yet gentle sanitization.

## Proper Cleaning Technique

Lightly coat screens or exteriors with solution, taking care not to soak the material or allow any liquid to enter ports. Gently wipe with a microfiber cleaning cloth or cotton pad, removing any excess promptly by thoroughly drying off completely with a dry portion of the cloth. Continue until no visible residue remains. Don't apply cleaners directly to cloths to avoid overwetting surfaces. Go slowly and carefully around curved edges to avoid abrasion.

### **Frequency Considerations**

Most experts recommend daily cleaning of high-touch exteriors along with disinfection 1-2 times per week minimum for those with average risk exposure levels or normal use. Increase frequency for situations warranting extra caution like medical facilities, public use, traveling or sick household members until risk decreases. Proper technique and suitable solutions safely sanitize electronics routinely with minimal effort.

# Let's Get Cleaning!

Implementing a simple daily cleaning routine poses no risks when following guidance carefully. Be sure to clean smartphone cases and charging accessories regularly too for full hygienic protection. Knowledge is power – have confidence that with smart practices, you can stay in control of keeping your trusted mobile companions clean and functioning at their best for years to come. Let's get to it – your shiny, sanitized phone awaits!

#### Category

1. Blog

Date Created September 7, 2023 Author lifestar