



Important Watch Winding Myths

Description

Watch-winding is a topic that is often surrounded by myths and misconceptions. Many watch enthusiasts and owners may have heard conflicting advice about how to properly wind their timepieces. In this blog, we will debunk some of the most common watch winding myths and provide you with accurate information to ensure you care for your watch correctly.

Myth: You should always wind your watch until it is fully wound.

Fact: While it is important to wind your watch regularly to keep it running accurately, over-winding can cause damage to the movement. Most modern mechanical watches have a mechanism that prevents over-winding, such as a slipping clutch or a winding crown that stops rotating when the mainspring is fully wound. It is best to wind your watch until you feel resistance and stop there.

Myth: You should wind your watch at the same time every day.

Fact: It is not necessary to wind your watch at the same time every day. Mechanical watches have a power reserve that can last anywhere from 24 to 72 hours or more, depending on the watch. Winding your watch once a day or every other day is generally sufficient to keep it running accurately. However, if you notice your watch losing time significantly before the power reserve is depleted, it may be a sign that it requires servicing.

Myth: You should never wind an automatic watch manually.

Fact: Automatic watches are designed to be self-winding through the natural motion of the wearer's wrist. However, if you have an automatic watch that has stopped or has a low power reserve, you can manually wind it using the winding crown. This will help jump-start the movement and ensure that the watch is fully wound. Manual winding will not harm the watch as long as you do not over-wind it.

Myth: You should always wind your watch in a specific direction.

Fact: The direction in which you wind your watch does not matter. The winding mechanism in mechanical watches is designed to work in both clockwise and counterclockwise directions. You can wind your watch in either direction without causing any harm to the movement.

Conclusion:

By debunking these common watch winding myths, we hope to provide you with accurate information on how to properly care for your timepiece. Remember to wind your watch until you feel resistance, wind it regularly but not excessively, and feel free to manually wind your automatic watch if needed. Understanding the truth behind these myths will help you maintain the longevity and accuracy of your cherished watch.

Category

1. Watch Knowledge

Date Created

March 26, 2024

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